

REPORT FROM THE PHYSICAL ACTIVITY COMMITTEE
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SUSPAC had its first meeting of the year on Monday 27th July at the University of Dundee. We were hosted by Hazel Ednie at the ISE Dundee.

The meeting welcomed new committee members and updated on a number of issues. The SUSPAC Action Plan for 2009/10 was confirmed and the following points represent the primary items of business:

- **Newsletter**- The committee were asked to take responsibility for certain sections of the Newsletter.
- **Flyers/Good Practice Guides** - The next full run of flyers will be in September. Topics covered will include swimming, intra-mural sport, vibra-plates and cycling.
- **Active Age Festival** - Details of the Active Age Festival, now in its 4th year, were confirmed. The event will take place in Dundee on the 27th August.
- **Student Dance Festival** - Following last year's successful event, the second student dance festival take place in February, venue tbc.
- **Workshops (x3)** - the committee will host 3 workshops throughout the coming year which will have open attendance, topics will include intra-mural sport, jogging and healthy exercise.

Key dates to note:

- Active Age Festival, Dundee University - Thursday 27th August
- Intra-mural sport workshop, Aberdeen Sports Village - Tuesday 6th October

SUS Executive is asked to consider the following:

Item
None at Present